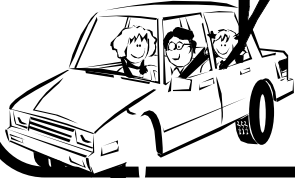


**BOOST**  
my chances...



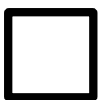
My name \_\_\_\_\_

I am \_\_\_\_\_ years old.

Today I weigh \_\_\_\_\_ kilograms or \_\_\_\_\_ pounds.

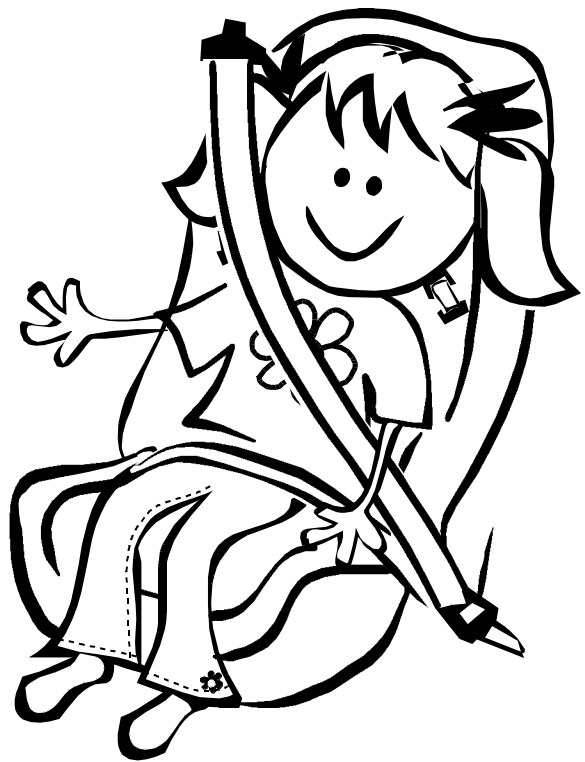
I am \_\_\_\_\_ feet and \_\_\_\_\_ inches or \_\_\_\_\_ centimeters tall.

The safest way for me to ride in the vehicle is to use a...



### Child Safety Seat

with internal harness and tether  
20 - 40 pounds (9 - 18 kilograms)



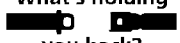
### Booster Seat

40 - 80 pounds (18 - 36 kilograms)  
or under 4 feet 9 inches (145 cm)

Dear Parents,

In Alberta, motor vehicle collisions are the leading cause of death and injury for children under 16. Child safety seats are required by law until 40 pounds (18 kg). After that, booster seats are recommended for children under 9 years of age until 80 pounds (36 kg) or 4 feet, 9 inches (145cm). Booster seats help position the vehicle seat belt properly on the child's body. Young children wearing seat belts alone are 4 times more likely to suffer head injuries in crashes than children in booster seats.

 **Capital Health**  
EDMONTON AREA

What's holding  
  
you back?