

# forward-facing safety seats

20 pounds (9 kilograms) to 40 pounds (18 kilograms)

When your child is one year of age **and** weighs at least 20 pounds (9 kilograms), your child can be moved to a forward-facing seat. Your child should stay in this seat until 40 pounds (18 kilograms). **It is the law in Alberta.**

Read your vehicle and safety seat instructions.



If you need help, you can talk with a nurse at a health centre or call:

Calgary Health Link at (403) 943-LINK (5465)

Capital Health Link at (780) 408-LINK (5465)

Toll-free in Alberta 1-866-408-LINK (5465)