

# *Alberta Occupant Restraint Program*

***Protecting Children  
from Birth to Ten***



# *Session Outline*

- Review Alberta law
- View Video – Car Seats:  
How to Protect Your Child  
from Birth to Ten
- Outline key points for each  
age and seat type
- Questions & answers
- Withdrawal of tickets



# *Program Rationale*

- Enforcement with education is known to improve correct safety seat use
- Participation in the session is optional
- Ticketed drivers may choose to pay fine instead of attending







# *It is Possible for Children to Survive a Serious Collision...*



if they are  
properly  
secured in  
child  
safety  
seats or  
booster  
seats





# *Alberta Law*

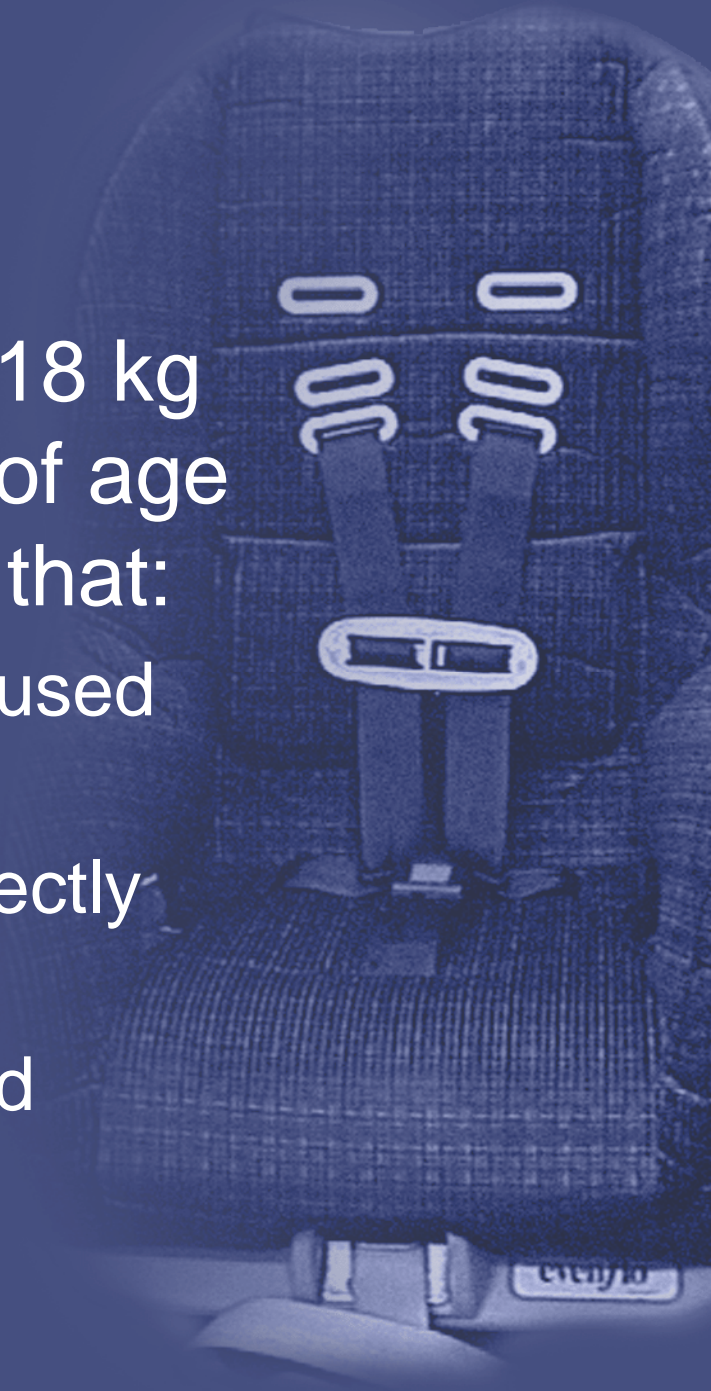
- All drivers and passengers must use the appropriate seat belt or child safety seat correctly
- Drivers are responsible to ensure passengers under the age of 16 are properly secured in seat belts or child safety seats





# *Alberta Law*

- If a child weighs less than 18 kg (40 lb) or is under 6 years of age the driver must make sure that:
  1. The appropriate restraint is used for the child
  2. The child safety seat is correctly installed
  3. The child is properly secured



# *Alberta Law*

- If a child weighs more than 18 kg (40 lb) and is under 16 years of age, the driver must ensure:
  - The complete seat belt is worn by the child
  - The seat belt is properly adjusted
  - The seat belt is securely fastened





# *For All Child Safety Seats & Booster Seats*

- Read the child safety seat or booster seat manufacturer's instructions
- Read your vehicle's owner manual for correct installation in the vehicle





*Video*

***Car Seats: How to  
Protect Your Child  
from Birth to Ten***





# *Rear-facing Quick Checklist*

- Is my baby in the right seat?
- Is my baby facing the correct direction?
- Is my seat installed properly?
- Is the angle adjusted properly?
- Is my baby buckled in the seat properly?
- Is my baby's head at least an inch below the top of the seat?







# *Forward-facing Quick Checklist*

- Is my child in the correct seat?
- Is my seat installed properly?
- Did I hook the top tether into the tether anchor?
- Is my child buckled in the seat properly?

It's time for a larger car seat or a booster when the child reaches the upper weight limit and/or her shoulders are above the upper harness slots





# *Booster Quick Checklist*

- Is my child in the back seat with a lap-shoulder belt?
- Does the lap-shoulder belt fit properly after installation?
  - Shoulder belt flat and snug against chest and collarbone
  - Lap belt touching upper thighs
- Is my child's head supported?





# *A Child is Ready for a Seat Belt When He Can:*

- Sit with the lap portion of the belt riding low across the hips
- Sit with the shoulder portion of the belt crossing between neck and arm
- Sit with knees bent comfortably at edge of vehicle seat
- Sit with his back flat against back of vehicle seat without slouching, AND
- Remain in this position for entire trip





## *Additional Information*

- Child safety seats and booster seats must meet Canada Motor Vehicle Safety Standard (CMVSS)
- A seat should be replaced if it has been in a crash
- Second hand seats are not recommended







# *For More Information*

- Contact Car Seat Manufacturer or Vehicle Dealer
- Visit these websites:
  - Transport Canada  
[www.tc.gc.ca/roadsafety](http://www.tc.gc.ca/roadsafety) (click on child safety)
  - Alberta Occupant Restraint Program  
[www.health-in-action.org/aorp](http://www.health-in-action.org/aorp)
  - Alberta Infrastructure & Transportation  
[www.saferoads.com](http://www.saferoads.com)
  - Calgary Injury Prevention Coalition  
[www.boosterseats.ca](http://www.boosterseats.ca)

